

Babbling Back-and-Forth

LANGUAGE BUILDING | Ages 3-6 months | 8 minutes

About This Activity

Engage in vocal play to support early language development and turn-taking skills.

Step-by-Step Instructions

When baby makes sounds (coos, babbles), respond by imitating them. Wait for baby to respond back. This teaches turn-taking and conversation. Add variations: 'ba-ba-ba,' 'ma-ma-ma,' 'da-da-da.' Make it playful! 5-10 minutes multiple times daily during diaper changes, feeding, play time.

Developmental Benefits

LANGUAGE, SOCIAL EMOTIONAL, COGNITIVE