

Board Book Reading

READING STORIES | Ages 6-12 months | 10 minutes

About This Activity

Introduce sturdy board books with bright pictures to develop language and attention span.

Materials Needed

- board books
- touch and feel books

Step-by-Step Instructions

Choose board books with simple pictures (animals, faces, objects). Point to pictures and name them. Let baby turn pages and explore the book. Don't worry about reading every word - just talk about the pictures. Reading together builds language, attention, and bonding. 5-10 minutes, multiple times daily.

Developmental Benefits

LANGUAGE, COGNITIVE, FINE MOTOR