

# Building with Blocks

PROBLEM SOLVING | Ages 12-24 months | 18 minutes

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## About This Activity

Stack and build with blocks to develop spatial skills, creativity, and problem-solving.

## Materials Needed

- building blocks
- soft blocks
- wooden blocks

## Step-by-Step Instructions

Provide large, soft blocks or wooden blocks. Build towers together. Count the blocks as you stack: 'One, two, three!' Let child knock them down and rebuild. As they develop, they'll stack higher towers (2-4 blocks at 15 months, 6+ at 24 months). This teaches spatial reasoning, counting, and motor skills. 15-20 minutes.

## Developmental Benefits

COGNITIVE, FINE MOTOR, SPATIAL