

Face-to-Face Interaction

SOCIAL INTERACTION | Ages 0-3 months | 8 minutes

About This Activity

Promote social bonding and early communication through eye contact and facial expressions.

Step-by-Step Instructions

Hold baby 8-12 inches from your face. Make exaggerated facial expressions - smile, open mouth wide, stick out tongue. Talk in a high-pitched, sing-song voice. Wait for baby to respond with coos or expressions. Mimic baby's sounds back to them. 5-10 minutes several times daily.

Developmental Benefits

SOCIAL EMOTIONAL, LANGUAGE, COGNITIVE