

Object Transfer Practice

FINE MOTOR | Ages 3-6 months | 8 minutes

About This Activity

Encourage passing toys from hand to hand to develop bilateral coordination.

Materials Needed

- small toys
- rattles
- soft blocks

Step-by-Step Instructions

Give baby a small, safe toy in one hand. Hold another toy near their other hand to encourage passing the first toy over. Demonstrate by passing a toy from your hand to theirs and back. This builds hand-eye coordination and bilateral skills. 5-10 minutes with various toys.

Developmental Benefits

FINE MOTOR, COGNITIVE