

Peek-a-Boo Basic

PROBLEM SOLVING | Ages 3-6 months | 8 minutes

About This Activity

Classic game that teaches object permanence: things exist even when you can't see them.

Materials Needed

- soft cloth
- burp cloth

Step-by-Step Instructions

Cover your face with your hands or a cloth. Say 'Where did I go?' Uncover and say 'Peek-a-boo! Here I am!' Baby will laugh and anticipate the reveal. Variation: Hide baby's face gently with a cloth, let them pull it away. This teaches that people/things come back. 5-10 minutes.

Developmental Benefits

COGNITIVE, SOCIAL EMOTIONAL