

Reaching for Toys

FINE MOTOR | Ages 3-6 months | 10 minutes

About This Activity

Encourage reaching and grasping to develop hand-eye coordination and motor planning.

Materials Needed

- soft toys
- rattles
- teething rings

Step-by-Step Instructions

During tummy time or supported sitting, place colorful toys just out of baby's reach. Encourage baby to stretch and reach for them. Start close, gradually move farther. Celebrate when baby gets the toy! This builds strength and coordination. 10 minutes, 2-3 times daily.

Developmental Benefits

FINE MOTOR, COGNITIVE, GROSS MOTOR