

Simple Baby Sign Language

LANGUAGE BUILDING | Ages 6-12 months | 10 minutes

About This Activity

Teach basic signs like 'more,' 'milk,' and 'all done' to reduce frustration and support communication.

Materials Needed

- sign language chart

Step-by-Step Instructions

Choose 3-5 signs to start: MORE (fingertips together), MILK (squeezing motion), ALL DONE (hands waving). Use the sign every time you say the word. Be consistent. Baby may take weeks to sign back. First sign usually appears around 8-10 months. This reduces frustration and builds language skills. Practice throughout the day.

Developmental Benefits

LANGUAGE, COGNITIVE, SOCIAL EMOTIONAL