

# Simple Counting Activities

PROBLEM SOLVING | Ages 24-36 months | 10 minutes

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## About This Activity

Count everything throughout the day to build number sense and math readiness.

## Step-by-Step Instructions

Count everything in daily life: stairs as you climb, toys as you put them away, crackers at snack time, fingers and toes. Point to each object as you count. Start with 1-5, gradually increase to 10. Ask 'How many?' This builds number sense, one-to-one correspondence, and math readiness. All day long.

## Developmental Benefits

COGNITIVE, LANGUAGE