

Stacking and Knocking Down

FINE MOTOR | Ages 6-12 months | 12 minutes

About This Activity

Stack blocks or cups for baby to knock down, teaching cause-effect and spatial awareness.

Materials Needed

- soft blocks
- stacking cups
- cardboard blocks

Step-by-Step Instructions

Stack 3-4 soft blocks or cups in front of baby. Encourage them to knock the tower down. Cheer when they do! As baby develops, they'll start trying to stack on their own (usually 10-12 months). This teaches hand-eye coordination, spatial reasoning, and cause-effect. 10 minutes.

Developmental Benefits

FINE MOTOR, COGNITIVE, GROSS MOTOR