

Water Play in Bath

SENSORY PLAY | Ages 3-6 months | 10 minutes

About This Activity

Introduce water play during bath time to develop sensory awareness and cause-effect understanding.

Materials Needed

- bath toys
- cups
- floating toys
- squirt toys

Step-by-Step Instructions

During bath time (always with constant supervision), let baby splash and play with water. Use cups to pour water, floating toys, squirt toys. Narrate: 'The water goes splash!' 'The duck floats!' This teaches cause-effect and sensory exploration. 5-10 minutes during regular bath time.

Developmental Benefits

SENSORY, COGNITIVE, FINE MOTOR