

# Water Table Play

SENSORY PLAY | Ages 12-24 months | 25 minutes

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## About This Activity

Explore water play outdoors with pouring, scooping, and splashing activities.

## Materials Needed

- water table
- cups
- funnels
- sponges

## Step-by-Step Instructions

Set up a water table or large bin with shallow water outdoors (or in bathroom with towels). Provide cups, funnels, sponges, toys. Let child pour, scoop, and splash. This teaches concepts like full/empty, cause-effect, and sensory exploration. Always supervise around water. Change into dry clothes after. 20-30 minutes.

## Developmental Benefits

SENSORY, FINE MOTOR, COGNITIVE